

Twin Lakes Secondary School

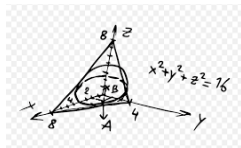
Thunderbird News May 2023

Principal: Julie Richardson

Vice-Principals: Michael Fogarty and Katie Prentice

Grade 9 EQAO Math Tests

Will take place Monday, June 19th and Tuesday, June 20th for students enrolled in MTH1W1 this semester. This is a regular class day. The EQAO assessments will be written on Chromebooks and extra time is available for all students. For additional information, visit eqao.com.



School Council

Our next School Council Meeting is on Wednesday, May 10th at 6:30 pm. This meeting will be held in the library. All are welcome!



Athletes of the Month for March

Congratulations to our Athletes of the Month for March: Trent Sweet for Wrestling and Chloe Pallister for Volleyball.

Trent Sweet had an amazing wrestling season for Twin Lakes this year with 11 match wins and a Silver Medal at OFSAA. He was always eager to practice, pass on his knowledge and tremendous experience to the newer wrestlers. Trent was an outstanding role model for sportsmanship and resiliency!

Chloe Pallister is an outstanding offensive and defensive player and was a critical part of the Twin Lakes Senior Girls team earning a berth to OFSAA this year. She is highly skilled, and a true team player. Chloe's attacks and serves are powerful and accurate. Her passing skills were often praised by officials after matches as well as her overall playing ability!

Best of luck to our Spring Sports as they are gearing up for more amazing results, adventures and memories. GO TWIN!!!



Attention Sports Fans

Save the date for Thursday, June 15th Period 4 to celebrate all of the amazing Twin Lakes athletic accomplishments at the annual Athletic Banquet. Tickets will go on sale in June. All T-Birds are welcome!

School Letters and Awards Assembly

It is that special time of the year to celebrate all of your Thunderbird accomplishments. Invitations will be sent out in June to invite Award Winners who have accumulated the required points from the following categories: Academic, Athletic, Arts, Clubs and Volunteer to receive a School Letter.

The ceremony will take place Period 1 on Friday, June 16th in the cafeteria.

Thank you for making Twin Lakes amazing!

Graduating Students

All graduating students will be invited to a celebratory breakfast on the morning of Wednesday, May 24th, following which there will be a graduation rehearsal to get our students ready for commencement. More details will be made available to students in the coming weeks! Grads, be sure to check your school email!



Thunder Years– Five Decades of Twin Lakes Productions

Twin Lakes Secondary School was very proud to present the musical production **THUNDER YEARS - FIVE DECADES OF TWIN LAKES PRODUCTIONS** on Thursday, April 27 and Friday, April 28 at 7:30pm in our very own cafetorium. This show was a celebration of the past 50 years of musical and stage productions, and featured students from grades 9-12 both on the stage and behind the scenes. Our students worked extremely hard on this collaboration of time and talent and were able to perform their tribute of theatrical achievements of TLSS throughout the years to sold out audiences. Congratulations to all staff and students involved in Thunder Years.



Thunder Music

On Thursday, May 11, our Thunder Music students are proud to present their hard work at our annual spring concert.

The concert begins at 7:00 p.m. in our cafetorium, and will feature both the Senior and Junior Concert Band, Choir, Jazz Band, and music classes.

This is a concert you won't want to miss. Doors open at 6:45 p.m. with admission by donation. Hope to see you there!



Mental Health Week 2023

Join us for Mental Health Week May 1 to 7 by shining a spotlight on how mental health care can be expressed and nurtured (through self-care strategies, art, music, sport etc.).

At the SCDSB we are committed to the mental health and well-being of every student and will be shining a spotlight on how mental health is supported in our school communities by sharing on social media using the hashtags #MyStory, #MentalHealthWeek, and #ShineGreen, and tagging @scdsb_mhwb, @scdsb_schools, and @SMHO_SMSO.

Character Attribute for the Month of May

Respect - we treat ourselves, others and the environment with consideration and dignity.

Treat others with respect.



More information about character education can be found here: scdsb.on.ca/about/character_education

Keep Connected With Our School and With the SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section at <http://twiscdsb.on.ca>. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click 'Subscribe'; a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at www.scdsb.on.ca
- Follow the SCDSB on Twitter (@SCDSB_Schools), Facebook (facebook.com/SCDSB) and Instagram (instagram.com/scdsb).
- Follow TLSS on Twitter (@TwinLakes_S.S.)
- Follow Guidance on Twitter (@TLSSguidance)



Feedback, Recovery and Improvement Days

At the end of each semester, all secondary schools will run feedback, recovery, and improvement days for students. Culminating assessments such as portfolios, essays, examinations, and interviews will take place during instructional days and will be returned to students with feedback.



The last day of regular instruction for students in semester two is Friday, June 23. The period from Monday, June 26 to Wednesday, June 28 is reserved for students to receive feedback from an assessment, to rescue or recover a credit, or to improve on an area of missed expectations. Teachers and support staff will communicate with students who will benefit most from attending this opportunity; however, all students will be invited to attend. There will be no new instruction these days. Feedback, recovery, and improvement days are an opportunity for students to work closely with their teacher if they require feedback, credit recovery, or an opportunity to improve on an area of missed expectations.

Registration Now Open for Summer eLearning!

The Simcoe County District School Board (SCDSB) is offering summer school courses in July 2023 for current high school students or adult learners who are interested in earning a new credit or upgrading a previous mark. Students can advance online learning skills, earn missed credits, or fast-track preparation for graduation or post-secondary in just four weeks. eLearning is fully supported by certified teachers who are available electronically daily.



Summer school program details can be found on the Learning Centres website at <http://thelearningcentres.com>.

Complete Your Diploma and Get a Head Start on Your Career in Healthcare in the SCDSB's PSW Program!

Did you know that the SCDSB's Learning Centre offers an accredited personal support worker (PSW) program? Individuals interested in a career in healthcare can earn 7.5 credits towards their Ontario Secondary School Diploma and a PSW certificate upon completion of the program!



Applications are now open online for PSW programs beginning in September 2023 in Barrie, North Simcoe (Midland), and Orillia. To apply, visit thelearningcentres.com and watch the mandatory virtual information session video. This video includes important information about the PSW program and the application process. Applicants will also be required to complete an online PSW Literacy Assessment. Register for the assessment using the 'Assessment Registration Form'.

Registration for September 2023 closes July 7 at 12 p.m. Have questions or need more information? Contact the Learning Centres at psw@scdsb.on.ca.

Adult English as a Second Language Program

Looking to improve your English skills? Join our Adult English as a Second Language Program (ESL) classes to improve your listening and speaking skills through class discussions and presentations. Develop your English skills to advance in your current job or open the door to new employment opportunities. Learn more about your local community and explore Canadian culture and history. Adult ESL classes are offered year-round with a continuous intake.

To register for the program, please contact the Barrie Learning Centre at 705-725-8360 ext. 45151, or email ganderson@scdsb.on.ca.

**Please note all students starting ESL for the first time must be assessed prior to starting the class. Fees apply for visitors to Canada and work/study permit holders.*



Reading with Sora

Sora is the SCDSB's digital ebook library which is available to all students from K-12. Each year, Sora has a collection of diverse ebooks and audiobooks (juvenile to young adult) curated into a collection called Sora Sweet Reads. From May 15 until Aug. 28, students may access these books using either the Sora app or by using the desktop version: <https://soraapp.com/welcome/login/202712>. The best part of this collection is that each title is simultaneous use, meaning that there are unlimited copies available so there are no holds on the titles! Simply use your school Google login and password to access the library. We hope that this collection will encourage students to stay engaged in reading even when the weather gets warmer. Happy reading!



Four Finger Affirmations Coping Strategy

Well-being is a strategic priority in the Simcoe County District School Board, and our well-being department provides monthly strategies to support student and family well-being.

This month's strategy is four finger affirmations. Parents/guardians can guide their child to think positively in the face of stress or challenges by using affirmations to promote confidence, a growth mindset, self-regulation, and resiliency. To practice four finger affirmations at home, work with your child to generate four words that make them feel calm and confident. For example, "I am loved today" or "breathe, listen, smile, love." Explain that each word will match a finger on their hand. Have them say the words (affirmation) aloud or in their head and connect each finger with their thumb. Tell your child they can repeat this as many times as they like, to themselves or out loud.

Consider practicing four finger affirmations at home with your child at a time of day that will be most helpful for them. Find more easy and fun mental health activities to do at home here: <https://smho-smso.ca/online-resources/easy-and-fun-mental-health-activities-for-home/>.

Follow along on the SCDSB's Mental Health and Well-being social media accounts (@SCDSB_MHWP) to see how well-being is being supported in our schools.

Interested in Learning More about the Ways that the SCDSB Supports Students with Special Education Needs and their Families? Join us for a Virtual Special Education Outreach Series

In 2023, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs. The remaining session is:

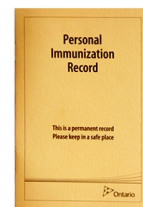
Working with families to create safe and supportive environments for children who have experienced trauma

May 9-6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at scdsb.on.ca/elementary/special_education/special_education_outreach_sessions

Reporting Immunizations

Parents/guardians are responsible for reporting their child's immunizations to public health to keep records up-to-date per standards of the Immunization of School Pupils Act (ISPA) (ontario.ca/laws/regulation/900645) and the Child Care and Early Years Act (ontario.ca/laws/regulation/150137#BK46). Please note, health care providers in Ontario do not automatically report immunizations to their local public health unit. Reporting and viewing immunizations is easy and can be done online.



To book a clinic appointment to receive a vaccine, visit: www.simcoemuskokahealth.org/Topics/Immunization/Clinics-and-Programs/Routine-Immunization-Clinics. For more information or questions, you can call Health Connection at 705-721-7520, or toll-free at 1-877-721-7520.

Information provided by the Simcoe Muskoka District Health Unit

Significant Days, Holy Days, Holidays and Heritage Recognition Occurring in the Month of May

For information regarding holy days and holidays, visit the SCDSB website here:

www.scdsb.on.ca/about/equity_and_inclusion/holy_days_and_holidays_calendar

For more information on heritage days, visit the SCDSB website here:

https://www.scdsb.on.ca/about/equity_and_inclusion/heritage_recognition



- 1 Beltane
Wicca
- 2 Twelfth Day of Ridvan
Bahá'í
- 5 Buddha's Birth Date
Buddhism
- 5 Visak/Buddha Day
Buddhism
- 22 Victoria Day
Canadian Holiday
- 23 Zarathosht-no-diso (SC)
Zoroastrianism
- 24 Declaration of the Báb
Bahá'í
- 25-27 Shavuot
Judaism
- 28 Pentecost
Christianity
- 29 Ascension of Bahá'u'lláh
Bahá'í